



EGG FACES

Egg Faces is a really fun game for students that is also incredible versatile for the teacher. It teaches emotional intelligence and empathy in a very implicit way.

Steps:

Brainstorm different feelings (both physical and emotional) on the board. Have students really think of as many words as they possible can. Make it a vocabulary lesson!

Have students draw a variety of faces on plastic eggs. Have them make faces for as many feelings as they possibly can.

All the students then break their eggs into halves and put them into the same basket or box. They reach in and grab two pieces and put them together to make a brand new face.

This face can be used for a variety of activities:

- Name the emotion
- Tell or write a story about why the person feels that way
- Tell or write a story about a time you felt that way
- Tell a story about a time you made someone else feel that way. If it's a negative emotion, tell about how you helped them feel better afterwards.
- If it's a positive emotion, tell about a way you could make someone feel that way.

