



CHARADES

Charades is a classic game that most of your students have probably played. Switch it up and use it to help them act out and identify feelings and think about how others might feel.



Steps:

Act out a feeling! Give kids easy feelings and difficult feelings and have them act them out for their classmates. Classmates guess which feelings are being acted out!

Examples:

- Angry (easy)
- Sad (easy)
- Happy (easy)
- Excited (medium)
- Frustrated (difficult)
- Annoyed (difficult)
- Lonely (difficult)

You can then have students go in groups and act out scenarios- how do the people involved feel? This can be in pairs or groups.

Some scenarios that could work::

- Someone is being left out
- Someone is being bullied
- People are playing all together
- Helping with homework