



# ACTS OF KINDNESS CHALLENGE

Students love feeling like there's a tangible reward for their actions, like they're actually winning something.. If they can see what they're doing is getting actual results, they'll be more excited to take part and more engaged in what's happening.



## Steps:

Give students a list of twenty acts of kindness. This could be a print-out, or it could be written on the dry erase board.

Decide if you're going to do this as a class-wide cooperative activity or as an individual activity for each student. Also decide how you'll reward your students -- maybe each square gets a certain amount of stickers, or the prize comes when the class completes the board.

As students finish each act of kindness, they report it to the teacher.

Once the board is filled, erase it and start over!

## Note:

We have provided a ready-to-use Acts of Kindness chart, but feel free to create your own for your students!



# ACTS OF KINDNESS CHALLENGE

Hold the  
door for  
someone  
\_\_\_\_\_

Give a nice  
compliment  
to someone  
\_\_\_\_\_

High five a  
friend just  
because  
\_\_\_\_\_

Let someone  
go ahead of  
you in line  
\_\_\_\_\_

Donate toys  
you no  
longer use  
\_\_\_\_\_

Give  
someone a  
warm hug  
\_\_\_\_\_

Sit with  
someone  
new at lunch  
\_\_\_\_\_

Help  
someone  
clean up  
\_\_\_\_\_

Say "hi" to  
someone  
new  
\_\_\_\_\_

Thank the  
staff for  
working hard  
\_\_\_\_\_

Push in  
someone's  
chair  
\_\_\_\_\_

Help a  
friend with  
schoolwork  
\_\_\_\_\_

Offer to  
sharpen a  
friend's pencil  
\_\_\_\_\_

Pick up  
trash you  
see outside  
\_\_\_\_\_

Make art to  
give to a  
friend  
\_\_\_\_\_

Carry a  
friend's  
backpack  
\_\_\_\_\_

Stick up for  
one of your  
friends  
\_\_\_\_\_

Make a new  
friend in  
your class  
\_\_\_\_\_

Be nice to a  
kid who isn't  
nice to you  
\_\_\_\_\_

Tell someone  
"you're doing  
a good job!"  
\_\_\_\_\_